

FEBRUARY 26, 2023

## CONTACT INFO

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[www.stjosephsparish.com](http://www.stjosephsparish.com)

**Fr. Hank**

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## PARISH COMMUNITY OF

# Saint Joseph

## HILLSBOROUGH, NEW JERSEY

Priests

Prophets

Kings

## MASS & CONFESSION SCHEDULE

### Daily Mass:

Monday-Friday 8:35 AM

*(Wednesday is an Enhanced-precautions mass-6' spacing and masks are encouraged.)*

### Outdoor Communion Service:

Wednesday 10:00 AM

*(This service is held outdoors. Attendees remain in their car and tune into FM 88.7.)*

### Weekend Masses:

Saturday 4:45 PM

Sunday 8:00 AM

*(Enhanced-precautions mass-6' spacing and masks are encouraged.)*

9:30 AM

11:30 AM

*(This mass is outside under the tent/attendees may remain in their vehicle as well.)*

### Confessions:

Until further notice, Confessions are by Appointment only. Typically, Saturday morning between 10am - 12pm. Other times are possible. Email Fr. Hank at [fatherhank@sjmillstone.com](mailto:fatherhank@sjmillstone.com) for an appointment.

### Sacrament of the Sick

In Emergency- Please call 908-874-3141 and press 1 for a priest.

Non-Emergency-Please email [FatherHank@sjmillstone.com](mailto:FatherHank@sjmillstone.com)

## EMERGENCIES

**Crisis Pregnancy Hotline**— 732-516-0911

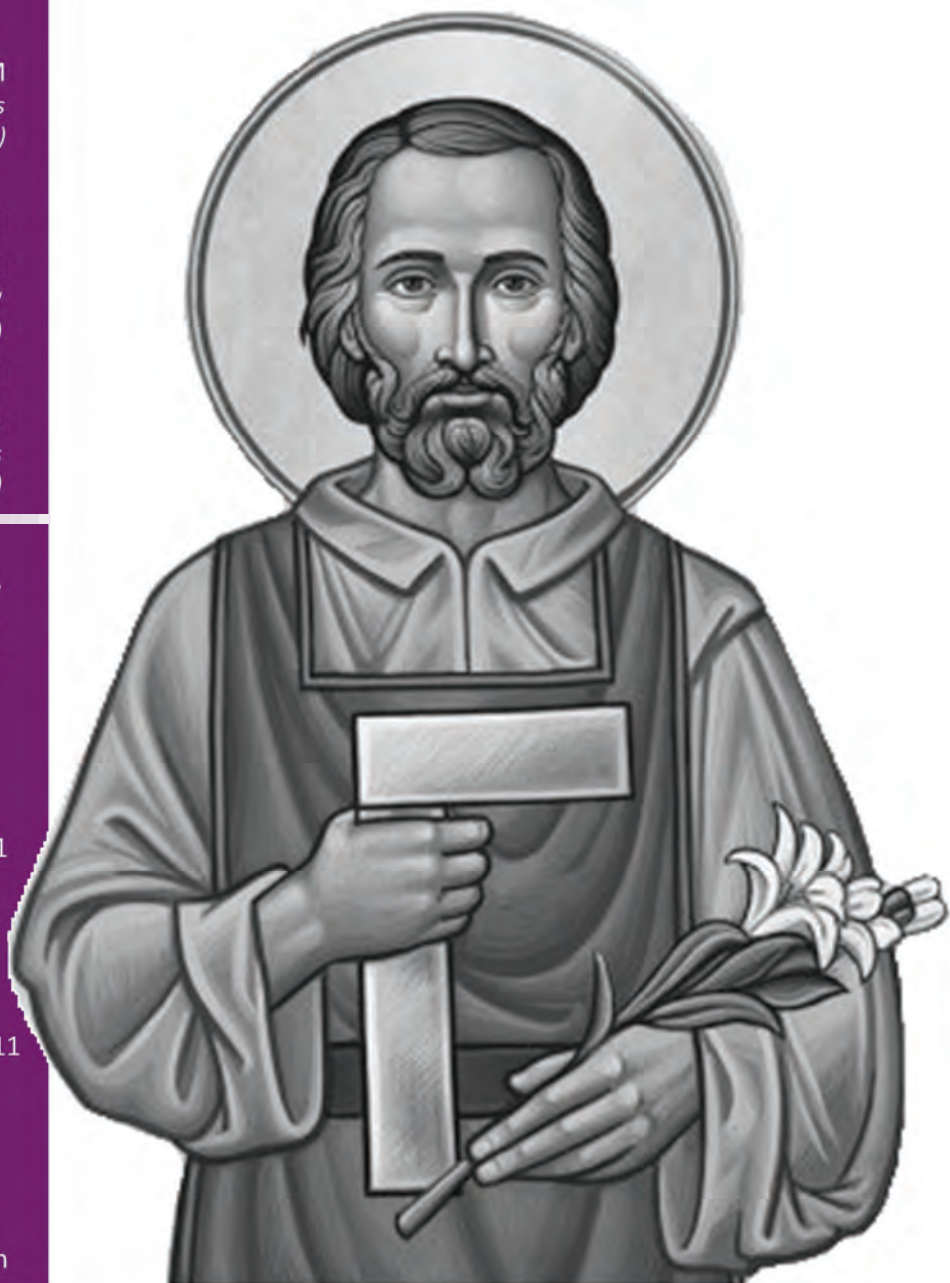
### Suicide Prevention

NJ Lifeline—1-800-273TALK

Teen Crisis Text Hotline—Text 741741

### Emergency Meals

[emergencymeals@stjosephsparish.com](mailto:emergencymeals@stjosephsparish.com)



# February 26, 2023

## MASS INTENTIONS FOR THE WEEK

- M – F 8:00AM The Rosary is prayed before Mass.  
Mon. 8:35AM Robert Baranowski, Sr.  
R/B MaryAnn & Bobby Baranowski  
8:35AM Annette Viola  
R/B Sandy Viola & Family  
8:35AM James Gearon  
R/B Dorothy Gearon  
Tue, 8:35AM Joseph Vaeth  
R/B Jayne Schuller  
8:35AM Jane Matera  
R/B Lorraine Murphy  
8:35AM Olga Cheselka  
R/B St. Joseph Staff  
Wed. 8:35AM Mary Meyer  
R/B Candy & George Meyer  
8:35AM Ann Marie Barry  
R/B Cleary Family  
Thu.. 8:35AM Imelda Calvi Rubino  
R/B Jim & Gilda McCauley  
8:35AM Steven Pristas  
R/B Bob & Sue Pristas  
8:35 AM Joel Barlow  
R/B Mario Lugo  
Fri. 8:35AM John Curtin  
R/B Ann Marie Curtin  
8:35AM Veronica Broderick  
R/B Siobhan Dunn  
Sat. 4:45PM Dominic Franzoso  
R/B Anne & Stephen Frank  
4:45PM Georg Komar  
R/B Venditti Family  
4:45PM Cleo Bodnar  
R/B Susan Wund  
Sun. 8:00AM Mary Hughmanic  
R/B Alice Manzella  
8:00AM People of the Parish  
9:30AM Claire Tyrrell Stephenson  
R/B Garr Stephenson  
9:30AM Frank Lutzky  
R/B St. Joseph Choir  
9:30AM Helene Saladini  
R/B Gloria & Chet Trechock  
11:30AM Robert Wantrobski  
R/B Ellis Family

## READINGS FOR NEXT WEEK

Genesis 12:1-4a      2 Timothy 1:8b-10  
Matthew 17:1-9



Dear All, Christ's Peace!

**Your Personal Lenten Discipline** – The universal church's Lenten tradition is to intensify our practices of prayer, fasting, and almsgiving. I encourage you to honor that tradition by initiating long-term changes you believe Jesus wants you to make. Have you thought of using Lent as a motivator to change habits?

**Jesus' "To-do List" for You** – Can you name one good habit you think Jesus wants you to adopt during Lent? In prayer, fasting, or almsgiving? In ways that help you to become the priest/prophet/king-queen Jesus invites you to become?

**Jesus' "To-quit List" for You** – And what about Jesus' "to-quit list" for you? Can you name one bad habit you think Jesus wants you to drop? Maybe it has to do with physical health (quit this excess) or mental health (quit this excessive worry) or spiritual help (quit multi-tasking during prayer). What other habit might He be asking you to drop?

**Financial Peace?** – Might Jesus be encouraging you to take up a good financial habit or put down a bad financial habit – all for the glory of God and the good of your loved ones? Think about it. If financial adjustments might be a good Lenten project for you, take advantage of the parish's access to the free, do-it-yourself version of Financial Peace University.

**Our Community Lenten Practices** – As a community, we will make a number of Lenten adjustments.

**Preparation for Communion** – Starting Wednesday, at all Masses, we will pray a parish "Prayer Before Receiving Communion." It is our version of a worthy spiritual practice encouraged by, among many others, Saint Anselm, Saint Thomas, Saint Hildegard, and Saint Jane. The words will be printed on large cards in the hymnals and on small cards for you to take home. The words will also be presented to those participating via livestream.

**Confessions** – During Lent, we will have the usual Saturday morning options and more hours during the week by appointment. Has it been a while? So what? Try it.

I send this with great blessings for you and your loved ones as we enter this very holy and grace-filled season.

**Father Hank**

**PARISH LENTEN PENANCE SERVICE**

**Tuesday, February 28, at 7:00 PM**

# February 26, 2023



## STATIONS OF THE CROSS

Fridays in Lent in Church

9:05 AM, immediately after Daily Mass  
And at 7:00 PM

The Stations are a devotion intended to help us follow Jesus on his way to Calvary. By accompanying him on the Way of the Cross, we see ourselves mirrored in him, gain his courageous patience, & learn to trust God who is with us no matter what we have to go through. Please join us in this ancient prayer of the Church



## LITTLE BLACK LENTEN BOOKS

Back by popular demand and as good as ever!

The Little Black Books will be in baskets in the Gathering Space this weekend.

- **PLEASE** take one per household for now – even if that means you must share!
- **ALSO** – if you take Communion to a home-bound parishioner, please take one for that person as well. With any luck, we will be able to reconsider the quotas next week.



## HEALING PRAYER

Immediately after 4:45PM, 9:30AM & 11:30AM Masses  
**March 11-12**

For more Information :contact Ann Smith at 908-285-6481. All conversations and prayer requests are confidential.



**HOME!**

## Housing Outreach Multifaith Empowerment

Saint Joseph Parish co-hosting at  
Hillsborough Reformed Church  
**March 12-19, 2023**

We need YOUR assistance as we co-host with, and at, Hillsborough Reformed Church.

**Saint Joseph Church is responsible for meals, hosting, and overnight coverage on March 13, 16, and 18.**

For general questions or to volunteer, please reach out to Tina Androulakis at [Tina@androulakis.com](mailto:Tina@androulakis.com) or Jeanine Cavanagh at [jcavanagh@sjmillstone.com](mailto:jcavanagh@sjmillstone.com) . Thank you for your prayerful consideration!

## PRAYER SHAWL MINISTRY

Thursday, March 9, 11:00 AM  
Parish Hall

If you enjoy knitting, crocheting, or sewing please reach out to Betty Zobre at [ezobre@gmail.com](mailto:ezobre@gmail.com).



## FUN TEA PARTY WITH ALICE in WONDERLAND

YOUNG FAMILIES AND NEW PARENTS

**Save the date: Saturday, April 1 at 11:00 AM**

Bring your family and join us for tea, pastries, cookies and more, while we enjoy the one-woman play by the "real" Alice in Wonderland and learn all about the history of this wonderful story .If you sign up before March 15, you will receive a complimentary copy of the traditional version of "Lewis Carroll's Alice In Wonderland." You will receive the book in time to share it with your children prior to the event. To register and arrange your complimentary book, please go to our parish webpage..

# February 26, 2023

Save the Dates:  
**BECCA'S FRIENDS SOCIALS**

March 10, 6:30 -8:30 PM

April 28, 6:30 -8:30 PM



## SAGES ACTIVITIES

**Exercise:** Drums Alive class Thursdays, at 10:00 AM in the Parish Hall. No registration required. We will switch to Yoga (floor or chair) on March 9, followed by 6 weeks of Salsa lessons.

**Moses Is Coming – to Lancaster in May** – Join us for **Moses** at Sight and Sound Theater in Lancaster on Wednesday, May 24. Registration begins on Monday, February 27 at our Monday-Funday event. Scholarships are available..

Info: Email AnnaMaria at arealbuto@sjmillstone.com You can also call her at 908-864-0334.

## Calling All Moms with Young Children.

### M.O.M.S

Join the "The M.O.M.S. Squad."

(M.O.M.S. = Moms Offering Moms Support).

The squad is a new group starting at our parish. A group of moms of school-aged children (and younger) will come together to build connections and offer each other support while exploring Catholic studies. Our time together will be guided by an "ENDOW" study. (ENDOW = Educating on the Nature and Dignity of Women). Don't worry, NO HOMEWORK. We will hold the meetings on Wednesdays from 9:30 to 11:00 am in the Hospitality Room, starting March 15.

Children are welcome. Stay tuned for more information about whom to contact, learn more, and join up!

## In Memoriam

**Kevin M. McLaughlin**, 26, son of parishioners Patricia & Michael, died on February 13.

*Please pray for his eternal rest and for all who mourn his death..*

## SUMMER APPALACHIA WORK CAMP

The next mission trip is **June 10-17, 2023.**

This year we will be joined by folks from MMOG.

Questions? Email Jeanine at

[jcavanagh@sjmillstone.com](mailto:jcavanagh@sjmillstone.com). You can also watch the

video about last year's trip at

<https://sjmillstone.com/appalachia-mission>. Our

fundraising efforts for this Mission will begin in March.

## HOLY C.H.O.W.!

We served our 1000th meal last Tuesday! And that does not include the food that went to Agape house to feed 30 more. God bless all who make it happen.

## 2023 Bishop's Annual Appeal

**Renewed and Sent on Mission by the Eucharist**

**Week 5**

The impact and success of the *Catholic Center at Rutgers* is relational outreach to students, a distinct approach for college campus ministry. The staff includes religious from the Sisters of Jesus Our Hope and the Brotherhood of Hope, as well as the Associate Director of Vocations for the Diocese of Metuchen and several interns. They are out on campus meeting and interacting with students where they live their lives and also reach them using the tools of technology. Thanks to your gift to the Bishop's Annual Appeal, the Catholic Center offers a safe haven where students are able to grow in their knowledge and practice of the faith, experience a meaningful sense of service to the community, and come to a deeper understanding of their call to discipleship. Thank you for your support.

## IN GOD'S IMAGE

In God's Image, the Catholic Faith Sharing Group for gay, lesbian, bisexual and transgender people at Church of the Sacred Heart, South Plainfield, meets the 2nd Wednesday of every month at 7:00PM. Our next meeting is March 8 and will be both in person and online. Please email for more information. The group is open to LGBTQ adults, 18 and over, and their families. All are welcome for faith sharing, prayer, conversation and support. For more information, contact Fr John at 908 756 0633, ext 125 or the group may be reached via email at [emailingsacredheartigi@gmail.com](mailto:emailingsacredheartigi@gmail.com).

## BULLETIN DEADLINE

Please send info for the bulletin no later than Friday, 8 days prior to the weekend you want the article to appear, directly to [stjoebulletin@yahoo.com](mailto:stjoebulletin@yahoo.com).

# February 26, 2023

## BEAUTY IN THE DESERT

### A Lenten Offering Delivered Right to Your Computer

This Lent, the Jesuit Conference is inviting Ignatian writers to meditate upon a poem and a song that inspires them during this season. Art, we believe, helps us deepen our understanding of God in our world and our lives.

As we make our way through Lent, we act against the temptation to assume all forty of these days must be gloomy. In fact, in the Lenten sparsity, we find beauty and hope — and these poems and songs will point to exactly that.

For more information or to sign up  
<https://www.jesuits.org/weekly-ignatian-lent>

## SURVIVING DIVORCE

For men and women seeking healing from separation or divorce. This 12-week program, while based on the teachings of the Catholic Church, is open to anyone who needs comfort, counsel and clarity after a divorce. Meetings will be held on

**Thursdays 7:00 PM – 9:00 PM  
beginning March 2, 2023**

at the St. John Neumann Pastoral Center  
146 Metlars Lane, Piscataway, NJ  
For more information or to register  
contact Ro Bersch at 908-313-5947

## SUMMER AQUINAS ACADEMY

Looking for unique academic and athletics enrichment opportunities for your child this summer?

The Summer Aquinas Academy offers camp opportunities throughout the summer led by STA teachers and coaches, providing a fun, structured, engaging environment for students to learn new skills and make new friends.

**Registrations due by May 30.**

Visit [stahs.net/summer](http://stahs.net/summer) for prices, dates, age groups, and other information.

## OASIS '23

### DAY OF PRAYER FOR WOMEN

**April 22, 2023 9:30 AM-3:00 PM**

Villa Walsh, Morristown, NJ

Spend a day of spiritual reflection and renewal with women from all over New Jersey. The day includes: Mass, Reconciliation, Rosary and /or Stations and Eucharistic Adoration

Bring your own lunch. Beverages will be available.

Walsh is handicapped accessible. There is also a

Religious Gift Shop. Registration Fee: \$15.00

For More Information, contact: Sr. Alice Ivanyo MPF  
[sralicei@gmail.com](mailto:sralicei@gmail.com) or 732-238-9222



## LENTEN OBLIGATIONS

So that the Church of Metuchen may be spiritually one in a common observance of Lent, the following days of fast and abstinence are to be observed by all Catholics of the Diocese who enjoy the blessings of good health:

1. The days of fast and abstinence are Ash Wednesday and Good Friday.
2. All other Fridays of Lent are days of abstinence.
3. From the Evening Mass of the Lord's Supper on Holy Thursday until the celebration of the Easter Vigil on the evening of Holy Saturday, the Easter fast should be observed so that, with uplifted and welcoming hearts, we may be ready to celebrate the joys of the Resurrection. This ancient tradition, intimately connected with the Rites of Holy Week and the Order of Christian Initiation of Adults, is encouraged, especially in those places baptizing catechumens at the Easter Vigil.

The obligation to fast applies only to Catholics between the ages of 18 and 59. To fast in the Catholic tradition means to limit oneself to one full meal during the day so as to experience hunger.

The obligation of abstinence affects all Catholics who have reached the age of 14. Abstinence in the Catholic tradition means to abstain from meat. The obligation of fast and abstinence, as a whole, is a serious obligation. While failure to observe any penitential day in itself may not be considered serious, the failure to observe any penitential days at all, or a substantial number of them without good cause, would be considered a grave matter. Those unable to abstain for a valid reason on any given Friday of Lent are asked to perform some other penitential act, or to abstain on another day.



**Saint Patrick's Day** – This year, the feast falls on a Friday. Bishop Checchio says it is ok to eat corned beef (or other meat) that day and abstain from meat on another day that same week.

**Sunday, Feb 26, 2023**

### God's messengers

Have you thought much about your guardian angel since you prayed at bedtime when you were a kid? If not, maybe it's time to catch up with the one that's been assigned to help you. The word *angelos* means "messenger" in Greek, and since angels "always behold the face" of God in heaven (Matthew 18:10), they're well-positioned to intercede for you. Appreciate the watchful care that surrounds you and protects you from spiritual and perhaps physical dangers. Their constant attention indicates how precious you are to God and how active God wishes to be in your life.

FIRST SUNDAY OF LENT

TODAY'S READINGS: Genesis 2:7-9; 3:1-7; Romans 5:12-19; Matthew 4:1-11 (22). *"He will command his angels concerning you and with their hands they will support you."*

**Monday, Feb 27, 2023**

### A book for your nightstand, next to your Bible

Grigor Narekatsi, born near the turn of the first millennium, was an Armenian mystical and lyrical poet, monk, and theologian. He has the distinction of being venerated as a saint in the Armenian Apostolic and Catholic Churches and was declared a doctor of the church by Pope Francis in 2015. The prayer book of Gregory of Narek is a fixture in religious Armenian homes, second only to the Bible, and is considered a masterpiece of Christian spiritual literature. It has been translated into 30 languages, including English. Given the rave reviews, consider this writer-saint for your next read!

MEMORIAL OF GREGORY OF NAREK, ABBOT, DOCTOR OF THE CHURCH

TODAY'S READINGS: Leviticus 19:1-2, 11-18; Matthew 25:31-46 (224). *"Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world."*

**Tuesday, Feb 28, 2023**

### United in prayer

Pope Benedict XVI, may he rest in peace, wrote beautifully on prayer and the Our Father: "In praying our heart is opened. Not only do we enter into communion with God but actually with all the children of God, because we are one body. When we address the Father in our inner room in silence and in recollection we are never alone. Those who speak to God are not alone. We are within the great prayer of the Church, we are part of a great symphony that the Christian community in all the parts of the earth and in all epochs, raises to God." Pray the Our Father slowly and consciously today, with everyone.

LENTEN WEEKDAY

TODAY'S READINGS: Isaiah 55:10-11; Matthew 6:7-15 (225). *"This is how you are to pray: Our Father who art in heaven, hallowed be thy name."*

**Wednesday, Mar 01, 2023**

### Get on board for justice

Today marks the 98th death anniversary of Homer Plessy, the man who attempted to end segregation with his legendary ride on a whites-only streetcar in New Orleans in 1892. His efforts were unsuccessful, and the following seven decades of U.S. jurisprudence included segregation as a bedrock feature. Plessy, however, is much less heralded for the fact that he was a man of faith, a black Catholic whose famous ride was organized by an interracial activist group known as the Comité des Citoyens (Citizens' Committee). Their holy disobedience was one of the first Catholic-led efforts against the

developing hierarchy of racism in the formerly French and Spanish regions of the Deep South. May the courage of Plessy and his allies be of use to us today as we continue the march toward justice.

LENTEN WEEKDAY

TODAY'S READINGS: Jonah 3:1-10; Luke 11:29-32 (226). *"Man and beast shall be covered with sackcloth and call loudly to God; every man shall turn from his evil way and from the violence he has in hand."*

**Thursday, Mar 02, 2023**

### Read it and reap

Welcome to Read Across America Day, established in 1998 by the National Education Association to encourage this most central, enjoyable, and enriching of activities. Popular among teachers, students, and librarians, today can also be a day for Catholics to explore and support organizations such as the Catholic Media Association, whose members inform, inspire, and educate readers, keeping them connected to their faith, and telling the story of the church. Check a list of Catholic newspapers and magazines to find one you can support with a subscription. You in turn will be supported in your faith.

LENTEN WEEKDAY

TODAY'S READINGS: Esther C:12, 14-16, 23-25; Matthew 7:7-12 (227). *"Everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened."*

**Friday, Mar 03, 2023**

### Store up treasure in heaven

Saint Katharine Drexel was born in Philadelphia in 1858 to a wealthy family. The Drexels had a reputation for generosity, reportedly opening their home several days a week to feed and care for people in need. They also made time every day to pray together. During a trip to Europe as a young woman, Katharine was able to have an audience with Pope Leo XIII. She asked the Holy Father to send missionaries to Wyoming. He answered, "Why don't you go?" Not long after, Katharine stunned society by leaving behind her privileged life to dedicate herself to religious life. She worked to improve living conditions and educational opportunities for African Americans and Native Americans. She left a legacy far greater than her family fortune.

MEMORIAL OF KATHARINE DREXEL, RELIGIOUS FOUNDER

TODAY'S READINGS: Ezekiel 18:21-28; Matthew 5:20-26 (228). *"Go first and be reconciled with your brother, and then come and offer your gift."*

**Saturday, Mar 04, 2023**

### Short but sweet sainthood

Lenten inspiration can come from anywhere—from scripture to Instagram, from saints to young people. While not a Bible figure or social media influencer, 15th-century Casimir of Poland happens to fit the categories of both saint and young person. Saint Casimir was a prince who was under intense pressure from his family and country to take a leading role in government and politics. But Casimir felt called to focus on prayer, study, and care for people in need. Although he had to contend with some very disappointed people, he stood firm in his decision to follow his calling. Disease cut short his life at the tender age of 25, but his example can inspire us to live out our calling and thus help fulfill his.

MEMORIAL OF CASIMIR, PRINCE

TODAY'S READINGS: Deuteronomy 26:16-19; Matthew 5:43-48 (229). *"This day the LORD, your God, commands you to observe these statutes and decrees. . . . with all your heart and with all your soul."*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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- 1 Tray Sausage & Peppers or Meatballs
- 1 Tray Breadsticks and Garlic Knots

**Small - Only \$99 (\$140 Value)**  
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**Large - Only \$199 (\$260 Value)**  
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